

# Together We Cook

## February shopping list

### To make:

- Chicken and Vegetable Stir-Fry
- Cheese and Tomato Pizza with your own topping

	✓
225g strong bread flour ( <b>wheat</b> )	
½ 7g packet fast action dried yeast	
1 small jar tomato pizza sauce OR 4 tablespoons tomato puree	
1 small ball mozzarella cheese ( <b>milk</b> )	
½ red pepper and another pepper	
6 cherry tomatoes	
1 cm piece fresh ginger (store in freezer and grate from frozen)	
1 red onion	
fresh basil leaves to serve	
salad leaves to serve	
80g dried noodles OR 160g cooked soft noodles ( <b>wheat</b> )	
1 chicken breast OR 3-4 chicken thighs	
1 clove garlic	
½ red chilli	

	✓
1 pak choi OR cabbage	
6 mushrooms	
1 carrot	
6 slices pepperoni OR 4 slices cooked chicken	
1 tablespoon soy sauce ( <b>soya</b> ) plus extra to serve	
fresh coriander to serve	

**Approximate cost = £10**